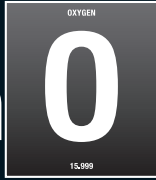


**Carbon**

**Monoxide**



No Odour.

No Colour.

No Taste.

**Yes, it can kill you.**

is a colourless, odourless and tasteless gas. If you breathe in too much carbon monoxide, it can cause serious and potentially fatal damage. CO poisoning is a leading cause of accidental deaths.

Carbon monoxide is produced by common household appliances that burn fuel such as gas, oil, propane, kerosene, wood, or charcoal. These appliances include:

- Furnaces
- Fuel-burning space heaters
- Barbecue grills
- Cooking ranges
- Water heaters
- Fireplaces
- Portable generators
- Wood-burning stoves

## **Simple precautions to minimize the risk of carbon monoxide poisoning:**

- Have a certified fuels technician inspect and maintain your gas or oil furnace equipment annually.
- Check that outside furnace vents are not blocked.
- Install a CO alarm (on every floor level).
- If you own a battery-operated CO alarm, change the batteries regularly. Fall is a good time to get into this safe habit.
- Never use a fuel-burning appliance or device in an enclosed space.
- Use your barbecue outdoors only, in well-ventilated areas.
- Know the symptoms of CO poisoning – they are similar to the flu, except there is no fever.



For more helpful information on carbon monoxide, visit [COsafety.ca](http://COsafety.ca)

